

In order for the pool to open safely and to the government guidelines, we have had to adopt a new range of measures.

The swimming pool will be in operation with a booking system in place. We ask that you please bear with us as are still getting used to the new way of operating.

To enable us to open safely and to meet the guidelines, we are initially offering  $3 \times 1$  hour slots per cottage during your stay. As we have 13 cottages to split this between and in order to give everyone a fair service, we are asking that you consider booking one morning, one afternoon and one evening session where possible. The swimming pool opening times are Monday – Sunday from 8am - 9.45pm.

More sessions can be booked on arrival.

We aim to contact all guests five days prior to their stay.

We ask you to follow all government guidelines on hygiene and leave all areas as you found them.

• Swimming sessions are an 1 hour and 15 minutes and long this should include changing.

## Before you visit

- · Shower in your cottage before swimming.
- Arrive ready to swim, with your swimsuit under your clothes if possible.
- Do not come swimming if you feel unwell.
- Bring any equipment or swimming aids with you, and make sure they are clean.

## When you get here

- Use the hand sanitiser on arrival and remove shoes in the entrance.
- · Spend as little time as possible getting changed.

## After your swim

- Leave all areas clean and how you found them.
- · Spend as little time as possible changing.
- Shower in your cottage.

## Saunas and steam rooms

• The sauna and steam room are open with restrictions in place, please follow guidance on the signs.